

Monday	Tuesday	Wednesday	Thursday	Friday
1 HAPPY NEW YEARS NO SCHOOL	2 INSERVICE STAFF ONLY	3 Chicken Tenders w/dippers or Chef Salad or Grab-N-Go Onion Rings, Garden Salad, Mexican Beans, Fruit	4 Hamburger Steak or Chef Salad or Grab-N-Go Sautéed Onions/Peppers/Mushrooms, Cheddar Baked Potato, Steamed Broccoli, Homemade Rolls, Chilled Peaches	5 Hot Ham & Cheese on Bun or Grilled Cheese or Chef Salad or Grab-N-Go Vegetable Beef Soup, Fresh Veggie Dippers, Crackers, SideKick
8 Hamburger on Bun Or Grab-N-Go Sandwich Garnish, Crispy Potatoes, Cheese Slice, Baked Beans, Fresh Veggie Dippers, Fruit	9 Chicken & Waffle w/syrup Or Chef Salad or Grab-N-Go Mac/Cheese, Garden Salad, Seasoned Steamed Broccoli, Fruit	10 Taco Nachos Or Chef Salad or Grab-N-Go Steamed Corn, Refried Beans w/cheese, Pico, Salsa, Lettuce, Sour Cream, Jalapenos, Fruit	11 Crispy Chicken Filet or Chef Salad or Grab-N-Go Whipped Potatoes, Green Beans, Cole Slaw, Homemade Rolls, Chilled Peaches	12 Baked Rotini or Grab-N-Go Green Beans, Garden Salad w/dressing, Fresh Veggies, Garlic Bread Stick, SideKick
15 NO SCHOOL MLK	16 Chicken Sandwich or Grab-N-Go Sandwich Garnish, Crispy Fries, Fresh Veggie Dippers, Fruit	17 Corn Dog or Chef Salad or Grab-N-Go Pinto Beans, Mac/Cheese, Mixed Greens, Onion Slices, Cornbread, Fruit	18 Chicken Mashed Potato Bowl w/Gravy or Chef Salad or Grab-N-Go Steamed Corn, Cole Slaw, Glazed Carrots, Homemade Rolls, Chilled Peaches	19 Hot Dog on Bun or Grab-N-Go Chili, Tater Tots, Fresh Veggies, Cole Slaw, Crackers, Fruit
22 Cheesy Pull Apart or Grab-N-Go Marinara Cup, Steamed Corn, Seasoned Steamed Broccoli, Fresh Veggies, Fruit	23 BBQ Rib Sandwich or Chef Salad or Grab-N-Go Pickle Chips, Baked Beans, Garden Salad, Crispy Potatoes, Fresh Veggie Dippers, Fruit	24 Grilled Beef & Cheese Burrito or Chef Salad or Grab-N-Go Steamed Corn, Refried Beans, Taco Sauce, SideKick	25 Beef Steak w/Gravy or Chef Salad or Grab-N-Go Whipped Potatoes, Green Beans, Glazed Carrots, Homemade Rolls, Chilled Peaches	26 Breakfast Chicken/Sausage or Grab-N-Go Eggs, Hash Rounds, Biscuit, Gravy, Cinnamon Apples, Grape Tomatoes, Fruit
29 Cheese or Pepperoni Pizza or Grab-N-Go Steamed Corn, Green Beans, Fresh Veggies, Fruit	30 Spaghetti w/Meat Sauce or Chef Salad or Grab-N-Go Green Beans, Garden Salad, Veggie Dippers, Garlic Bread, Fruit	31 Chicken Tenders w/dippers or Chef Salad or Grab-N-Go Onion Rings, Garden Salad, Mexican Beans, Fruit		

Chef Salad's will include Grains, and choice of dressing. Add: Fruit and Milk

All meals served with a choice of Mayfield 1% or nonfat white, or nonfat Flavored.

This institution is an equal opportunity provider

Pre-K Students will receive a preplated meal with a serving from each of the 5 food components